

Local topics	
Recipe book of Aoba local products is now released.	
This book introduces recipes and restaurants using local food (fresh vegetables and fruits) as well as information of produce stands.	
Size	A-5 size booklet of 16 pages with map
Where to get	Aoba Ward Office, Community Centers
Price	Free
Contents	<ul style="list-style-type: none"> • Aglio, olio e peperoncino pasta with dried strips of radish and tomato (Recipe offered by 'Natural e Buono' Italian restaurant in Fujigaoka) • Colorful pancake (Recipe offered by Nippon Sport Science University) • Steamed vegetables (Recipe offered by French café 'Bistro Freund' in Mitakedai) • Sweet potato and walnut dressed with miso (Recipe offered by `maaru ' natural restaurant in Eda) • Colza blossoms dressed with salt-malted rice (Recipe offered by 'Tiger' natural food restaurant in Tana) • Butter nuts pumpkin dip (Recipe offered by 'Panaderia Siesta bakery' in Nara)
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